SONNEDIX SUSTAINABILITY ACADEMY:



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CLASSROOM LESSON PLAN

Time: 45-60 minutes

OVERVIEW: This lesson plan focus around 4 key topics, with activities for each. The plan covers renewable energy, solar energy, why solar energy is important, and what the children can do to conserve energy.

INTRODUCTION: ENERGY

Start off the lesson by brainstorming a list of ideas about where and when we use energy. We use energy all of the time! To walk, to talk, to power appliances/vehicles/lights, etc.

Ask the question:

Where do we get our energy? This leads into the topic of renewable energy.

TOPIC 1: RENEWABLE OR NON-RENEWABLE?

This topic introduces the concept of renewable energy.

Background:

There are many different types of energy, and some of these are called renewable. These energies can be replen- ished but natural sources in a fairly short amount of time. Examples are energy from the sun, wind or water, which rely on energy from sources that are endless. Fossil fuels are non-renewable energy sources, which do not renew or replenish in a short period of time. Once they have been used up, they are gone. These have been the main sources of energy in industrialised countries for about 200 years. We can categorise different energy sources into the categories of renewable or non-renewable energy sources. Most energy comes from fossil fuels (such as coal and oil), which came from the fossils of plants and animals that were alive millions of years ago. Because nonrenewable energy sources come from materials that are buried underground, it is hard to know exactly how much remains. Experts can predict the number of years of each source we have left, but the exact number will depend on how many new discoveries are made and the rate at which the energy is consumed. It is important to start looking at alternative energy sources.

ACTIVITY: Cut and Stick

Take the worksheet and look at activity 1, cut and stick! In this activity, pupils are asked to cut out the different sources of energy and stick them into the correct column: renewable or non-renewable.

TOPIC 2: SOLAR ENERGY

Background:

The sun is full of energy, and solar energy comes from the sunlight that reaches the Earth! The amount of sunlight that reaches earth varies depending on location, time of day, time of year, and weather conditions. The sun has produced energy for billions of years. This means that solar energy has been used by people for hundreds of years to cook food, keep warm, and to dry closed.

Today the suns energy is also used to create electricity. Solar cells turn energy from the sun into electricity, and to- gether these cells make solar panels. Solar energy can be used to power anything that needs electricity!

ACTIVITY: Fill the Gaps

Ask the pupils to complete the fill the gaps activity to see what they have learnt about solar energy and renewable/ non-renewable energy.

Brainstorm as a class, and ask the pupils to complete the table on the worksheet with the advantages and disad- vantages of solar energy.

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TOPIC 3: WHY SOLAR?

Background:

Now that the pupils understand what solar energy is, it is important to discuss the advantages and disadvantages to compare this type of energy to that created by fossil fuels.

Advantages:

- → It is renewable
- → Its becoming cheaper
- → Accessible to homes, businesses etc.
- → Very low pollution compared to fossil fuels
 = clean energy

Disadvantages:

- → Expensive at first
- → Relies on the sun and weather
- → Takes up space

Activity:

In a class discussion or in groups, ask the pupils to have a think about some of the advantages and disadvantages of solar energy. Discuss with them and held lead them towards the answers that are trickier.



TOPIC 4: REDUCING ENERGY CONSUMPTION

Background:

A key 'take away' from this topic should be encouraging pupils to reduce their consumption of energy to reduce emissions from burning of fossil fuels. Introducing this idea to pupils should help them to take ownership and think about what they can do.

Some ideas:

- → Turn off the TV
- → Use natural light
- → Turn off switches
- → Hang clothes outside to dry them
- \rightarrow Close the fridge door
- → Switch to energy saving lightbulbs



ACTIVITY

Ask the pupils to think of some things they'd like to do to conserve energy at home. Ask them to practice this!

Concluding

Conduct a short quiz to see what the pupils have learned.

Ask the pupils to each share one thing they are going to do at home to reduce their energy consumption.